*This is a template letter that can be used to write to your local MP and/or one of the Homelessness Ministers; Rushanara Ali MP (Labour) or Shadow Minister for Housing David Simmonds MP (Conservative).*

*You can find the contact details of your local MP here:* [*https://members.parliament.uk/FindYourMP*](https://members.parliament.uk/FindYourMP)

*For the Homelessness Minister, email your letter to:* [*rushanara.ali.mp@parliament.uk*](mailto:%20rushanara.ali.mp@parliament.uk)

*For the Shadow Minister, email:* [*david.simmonds.mp@parliament.uk*](mailto:david.simmonds.mp@parliament.uk)

*Please edit the sections in red to personalise the letter.*

[Your address, including postcode]

[Date]

Dear [Name] MP

I am writing to you about homelessness - which, as I’m sure you’re aware, is an issue much further reaching than housing alone.

Homelessness can happen to anyone. Young people leaving care, women escaping domestic abuse, asylum seekers, veterans, those suffering a relationship breakdown or job loss. Yet, almost all (94%) people facing homelessness have one thing in common: trauma.

Research by the University of Northumbria and homeless charity Oasis Community Housing shows homelessness and trauma are inextricably linked. But, more than half of people have never received the trauma-informed support they need, leaving them trapped in their homelessness.

We must help people tackle their trauma if we are ever to end chronic homelessness.

I ask you to raise this issue in the House of Commons. To highlight Northumbria University and Oasis Community Housing’s research, showing that it is futile to try and address homelessness without tackling trauma. To ask the Minister for Homelessness, what steps they are taking to help ensure better provision of mental health support for people experiencing homelessness?

Here is a copy of the research referenced above, in case of interest: [bit.ly/TraumaHomelessnessReport](https://bit.ly/TraumaHomelessnessReport)

I look forward to hearing from you.

Yours faithfully,

[Your name]